

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 100m

<b>LARSSON Henrik SWE</b>	<b>19y</b>	325d	1999	<b>10.20</b>	<b>10.20 -19</b>
3 National Titles					
100m pb 10.20 NUR Skara -19 200 20.81 Stockholm -19					
6 EJ 100 2017 (sf 200); h ECH 100 2018; 6 WJC 100 2018 (DNS 200); sf EICH 60 2019; 1 U23 ECh 100 2019 (h 200)					
Club IF Göta Karlstad. Second fastest Swede alltime.					
In 2019: 1 Örebro 60 ind; 1 Norrköping 60 ind; 1 Göteborg 60 ind; 3 Sätra Folksam 60 ind; 1 Bærum v3Nat 60 ind; 1 indoor 60 ind (6.60 pb); 6 Stockholm Diamond 200 (20.81 pb); 1 Huddinge 100; 1 Huddinge 200; 1 Skara 100 (10.20 NUR pb); 5 Turku PNG 100; 4 Sollentuna Folksam GP 100; 1 Karlstad 100; Gävle EJ 100 (10.23w); Gävle EJ 100 (10.23w); 2 Göteborg Folksam 100 (10.48)					
<b>PUROLA Samuel FIN</b>	<b>19y</b>	94d	2000	<b>10.43</b>	<b>10.31 -17</b>
3 National Titles					
100m pb 10.31 NJR NYR Mannheim -17 150 16.10 Oulu -17 200 20.84 NYR Vaasa -17 300 34.35 Oulu -17					
2 EJ 100 2017 (3 200, 7 4x1); 6 ECH 4x1 2018; DNS WJC 100 2018; sf EICH 60 2019; sf EJ 100 2019 (DQ 4x1)					
Lives in Oulu. Coached by Mika Purola.					
In 2019: 2 Sätra Folksam 60 ind (6.67 NJR pb); 1 Finnish indoor 60 ind; 8 Turku PNG 100 (10.50); 3 Finnish 100 (10.64); 2 -19 Kristiansand V3Nat 100 (10.82)					
<b>HAGBERG Erik SWE</b>	<b>24y</b>	132d	1995	<b>10.41</b>	<b>10.36 -18</b>
100m pb 10.36 Sundsvall -18					
DNF World Youth 100 2011; 5 EJ 100 2013; h ECH 4x1 2014; sf EICH 60 2015; h ECH 100 2018					
In 2019: 2 Huddinge 100 (10.63); 1 rB Sollentuna Folksam GP 100 (10.41)					
<b>DAWLSON Emmanuel SWE</b>	<b>26y</b>	362d	1992	<b>10.49</b>	<b>10.49 -19</b>
100m pb 10.49 Sundsvall -19 200 21.22 Skara -15 400 49.23 Huddinge -19					
In 2019: 3 Örebro 60 ind; 6 Malmö 60 ind; 1 Sätra 60 ind; 5 indoor 60 ind; 7 Stockholm Diamond 100; Huddinge 400 (49.23 pb); 6 Skara 100; 5 Sollentuna 200; 2 rB Sollentuna Folksam GP 100; 8 Sollentuna Folksam GP 100; 1 Malmö TeamCh 100; Malmö 400; 6 rB Göteborg VUS 200; 2 Varberg Folksam 100; 1 Sundsvall 200; 1 Sundsvall 100 (10.49 pb); 2 Oulu 100 (10.59); 6 Göteborg Folksam 100 (10.87)					
<b>ILLUKKA Riku FIN</b>	<b>19y</b>	334d	1999	<b>10.58</b>	<b>10.53 -18</b>
100m pb 10.53 Vantaa -18 200 21.31 Genève -18 300 35.63 Espoo -16 400 50.95 Raasepori -16					
7 EJ 4x1 2017 (h 100); sf WJC 100 2018 (h 200); h U23 ECh 4x1 2019					
Club Vantaan Salamat					
In 2019: 5 Lahti 100; 2 Kuortane 100; 1 Sipoo 200; 4 Jämsä 100; 2 Riihimäki 200; 2 Finnish 100 (10.59); 2 Finnish 200 (21.31); 1 Oulu 100 (10.58)					
<b>ALATUPA Konsta FIN</b>	<b>20y</b>	57d	1999	<b>10.53</b>	<b>10.53 -19</b>
1 National Title					
100m pb 10.53 Lappeenranta -19 200 21.38 Kokkola -18					
h WJC 4x1 2018; h U23 ECh 4x1 2019					
In 2019: 6 Lahti 100; 4 Kokkola 200; 3 Kuortane 100; 3 Jämsä 100 (10.78); 1 Finnish 100 (10.53 pb); 3 Finnish 200 (21.53)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 200m

<b>SVENSSON Felix SWE</b>	<b>22y</b>	12d	1997	<b>21.21</b>	<b>20.73 -18</b>
200m pb 20.73 Eskilstuna -18 100 10.54 Bulle -17 150 16.10 Basel -16 300 33.49 Lausanne -17 400 48.22 Genève -15 DNF EJ 200 2015; 5 U23 ECh 200 2017 (DNF 4x1); h ECH 200 2018 (DNF 4x1) In 2019: 1 -17 Göteborg NC-j 200 (21.69); 1 Uppsala 200 (21.21)					
<b>LARSSON Henrik SWE</b>	<b>19y</b>	325d	1999	<b>20.81</b>	<b>20.81 -19</b>
3 National Titles 200m pb 20.81 Stockholm -19 100 10.20 NUR Skara -19 6 EJ 100 2017 (sf 200); h ECH 100 2018; 6 WJC 100 2018 (DNS 200); sf EICH 60 2019; 1 U23 ECh 100 2019 (h 200) Club IF Göta Karlstad. Second fastest Swede alltime. In 2019: 1 Örebro 60 ind; 1 Norrköping 60 ind; 1 Göteborg 60 ind; 3 Sättra Folksam 60 ind; 1 Bærum v3Nat 60 ind; 1 indoor 60 ind (6.60 pb); 6 Stockholm Diamond 200 (20.81 pb); 1 Huddinge 100; 1 Huddinge 200; 1 Skara 100 (10.20 NUR pb); 5 Turku PNG 100; 4 Sollentuna Folksam GP 100; 1 Karlstad 100; Gävle EJ 100 (10.23w); Gävle EJ 100 (10.23w); 2 Göteborg Folksam 100 (10.48)					
<b>SAARINEN Roope FIN</b>	<b>25y</b>	182d	1994	<b>21.09</b>	<b>20.99 -18</b>
1 National Title 200m pb 20.99 Jämsä -18 100 10.58 Jämsä -17 150 15.99 Helsinki -16 400 48.02 Lappeenranta -13 sf EJ 200 2013; sf U23 ECh 200 2015 (DNF 4x1) In 2019: 1 Helsinki 200 ind; 3 Helsinki 60 ind; 1 Helsinki 200 ind; 1 rB Bærum v3Nat 200 ind; 7 Bærum v3Nat 60 ind; 2 Finnish indoor 200 ind; 4 Raasepori 200; 2 Kuortane 100 (10.57w pb); 1 Jämsä 200; 1 Raasepori SFI 200; 1 Turku Tilastopaja 100; 1 Riihimäki 100; 1 Riihimäki 200; 2 Turku Tilastopaja 100; 1 Finnish 200 (21.13); 5 ETCh 100 (10.63); 2 Espoo 200 (21.09)					
<b>KADESTÅL Kasper SWE</b>	<b>20y</b>	216d	1999	<b>21.07</b>	<b>21.07 -19</b>
200m pb 21.07 Bydgoszcz -19 100 10.70 Skara -18 300 33.83 Oslo -19 400 47.84 Göteborg -17 sf EJ 200 2017; sf WJC 200 2018; 7 U23 ECh 200 2019 In 2019: 2 Malmö 60 ind; 1 Malmö 200 ind (21.35 pb); 2 Göteborg 60 ind (6.72 pb); 8 indoor 60 ind; 1 Trelleborg 200; 2 Oslo 300 (33.83 pb); 2 Skara 200; 1 Göteborg VUS 200; 4 Karlstad 200 (21.40); Gävle EJ 200 (21.24); 8 ETCh 200 (21.20)					
<b>AALTO Eljas FIN</b>	<b>23y</b>	218d	1996	<b>21.32</b>	<b>21.32 -19</b>
1 National Title 200m pb 21.32 Turku -19 100 10.80 Raasepori -19 150 15.92 Helsinki -19 300 33.83 Helsinki -19 400 47.76 Helsinki -17 Club IF Sibbo Vargarna. Coached by Taisto Olenius. In 2019: 2 Helsinki 200 ind; 5 Oordegem 200; 1 Helsinki 150 (15.92 pb); 1 Helsinki 300 (33.83 pb); 1 Turku Tilastopaja 200; 1 Lappeenranta 400; 2 Espoo 400; 1 Sipoo 100; 3 Sipoo 200; 1 Turku Tilastopaja 400; 1 Jämsä 400; 2 Raasepori SFI 200; 2 Raasepori SFI 100 (10.80 pb); 2 Raasepori SFI 400; 1 Turku Tilastopaja 200 (21.32 pb); 1 Finnish 400; 5 Finnish 200 (21.62); 1 Lahti 400 (47.98); 4 Espoo 200 (21.38)					
<b>HUUSKOLA Tuukka FIN</b>	<b>21y</b>	89d	1998	<b>21.66</b>	<b>21.66 -19</b>
200m pb 21.66 Raasepori -19 100 10.66 Turku -19 150 16.59 Helsinki -16 h U23 ECh 4x1 2019 In 2019: 1 Helsinki 200 ind (21.76 pb); 4 Helsinki 60 ind (6.98 pb); 3 Bærum v3Nat 200 ind; Finnish indoor 200 ind; 2 Helsinki 100; 2 Turku Tilastopaja 200; 4 Lappeenranta 200; 2 Helsinki 200; 2 Raasepori 200 (21.66 pb); 2 Tampere 100; 3 Turku Tilastopaja 100; 8 Finnish 100 (10.94); 1 Helsinki 100 (10.68); 1 Espoo 200 (21.23w pb)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 400m

<b>EKELUND-ARENANDER Nick SWE</b>	<b>30y</b>	210d	1989	<b>47.70</b>	<b>45.50 -13</b>
4 National Titles					
400m pb 45.50 NR Madrid -13 100 10.64 Göteborg -15 150 15.92 København -18 200 20.98 Aalborg -13 300 33.07 København -13 800 1:57.30 Bagsværd -11 1500 5:04.07 Ballerup -08 400H 56.91 Uddevalla -09 LJ 4.56 Ballerup -08 JT 25.79 Ballerup -08					
h U23 ECh 4x4 2009; h EICH 400 2011; h U23 ECh 400 2011; sf ECH 400 2012; sf EICH 400 2013; sf WCH 400 2013; sf ECH 400 2014 (h 4x4); h WICH 400 2014; h EICH 400 2015; 8 WSG 400 2015 (h 4x4)					
Was a prominent football player before concentrating to athletics. Coached by Christian Trajkovski (100m pb 10.43 -97). Won both Danish and Swedish indoor and outdoor titles in 400m in 2013. Mother Danish, father Swedish. Studies Sport Sciences at Malmö University.					
In 2019: 1 Örebro 400 ind; 2 rB Reykjavik RIG 400 ind; 2 rB Bærum v3Nat 400 ind; 4 Stockholm Diamond 400; 4 Sollentuna Folksam GP 400; 1 rE Göteborg VUS 400; 1 Esbjerg NC 400 (47.70); 2 Stockholm 400 (47.93); 1 Loughborough 400 (48.36)					
<b>FRANCOIS Felix SWE</b>	<b>28y</b>	286d	1990	<b>48.30</b>	<b>47.26 -15</b>
2 National Titles					
400m pb 47.26 Söderhamn -15 100 10.90 Östersund -15 200 21.61 Skara -15 300 33.98 Mölndal -13 800 1:49.89 Ninove -19					
5 EICH 4x4 2013 (h 400); h ECH 4x4 2016					
In 2019: 6 Stockholm Diamond 400; 1 Göteborg 800; 3 Malmö TeamCh 800; 1 Karlstad 800; Varberg Folksam 800; 4 Stockholm 400 (48.30); 2 Ninove 800 (1:49.89 pb); 4 rB Göteborg Folksam 800 (1:50.39)					
<b>SIGURDSSON Anton SWE</b>	<b>23y</b>	55d	1996	<b>47.75</b>	<b>47.75 -19</b>
400m pb 47.75 Oordegem -19					
h U23 ECh 4x4 2017					
In 2019: 3 Reykjavik RIG 400 ind; 2 rC Oordegem Buyle 400 (47.75 pb); 1 Göteborg VUS 400 (47.75); 3 Stockholm 400 (47.97)					
<b>AALTO Eljas FIN</b>	<b>23y</b>	218d	1996	<b>47.79</b>	<b>47.76 -17</b>
1 National Title					
400m pb 47.76 Helsinki -17 100 10.80 Raasepori -19 150 15.92 Helsinki -19 200 21.32 Turku -19 300 33.83 Helsinki -19					
Club IF Sibbo Vargarna. Coached by Taisto Olenius.					
In 2019: 2 Helsinki 200 ind; 5 Oordegem 200; 1 Helsinki 150 (15.92 pb); 1 Helsinki 300 (33.83 pb); 1 Turku Tilastopaja 200; 1 Lappeenranta 400; 2 Espoo 400; 1 Sipoo 100; 3 Sipoo 200; 1 Turku Tilastopaja 400; 1 Jämsä 400; 2 Raasepori SFI 200; 2 Raasepori SFI 100 (10.80 pb); 2 Raasepori SFI 400; 1 Turku Tilastopaja 200 (21.32 pb); 1 Finnish 400; 5 Finnish 200 (21.62); 1 Lahti 400 (47.98); 4 Espoo 200 (21.38)					
<b>BACK Erik FIN</b>	<b>25y</b>	153d	1994	<b>48.00</b>	<b>47.80 -18</b>
400m pb 47.80 Turku -18 100 10.74 Jämsä -18 150 16.19 Helsinki -15 200 21.49 Somero -19 300 33.99 Helsinki -18					
In 2019: 2 Pretoria 200; 2 Pretoria 400; 1 Jyväskylä 400 ind; 1 rB Bærum v3Nat 400 ind (48.14 pb); 2 Finnish indoor 400 ind; 5 Oordegem 400; 2 Helsinki 400; 2 Lappeenranta 200; 1 Espoo 400; 6 Sollentuna Folksam GP 400; 1 Somero 100; 3 Somero 200 (21.49 pb); 2 Sipoo 200; 2 Jämsä 400; 1 Raasepori SFI 400; 1 Vantaa 400; 4 Finnish 400 (48.20); 6 Finnish 200 (21.93); 2 Lahti 400 (48.00)					
<b>AARNIVALA Ville FIN</b>	<b>23y</b>	68d	1996	<b>47.84</b>	<b>47.84 -19</b>
400m pb 47.84 Tampere -19 100 10.80 Jämsä -16 200 21.27 Espoo -16 300 34.03 Helsinki -19 110H91.4 13.92 Jyväskylä -13					
110H100 14.85 Leiria -12					
h World Youth 110H91.4 2013					
In 2019: 1 Pori 200 ind; 2 Tampere 200 ind; 2 Helsinki 300 (34.03 pb); 2 Tampere 200; 2 Somero 100; 2 Somero 200; 2 Jämsä 200; 5 Tampere 200; 1 Seinäjoki 400; 3 Riihimäki 200; 1 Tampere 400 (47.84 pb); 5 Finnish 400 (48.29); 4 Finnish 200 (21.53); 5 Espoo 200 (21.66)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 800m

<b>ALMGREN Andreas SWE</b>	<b>24y</b>	70d	1995	<b>1:48.55</b>	<b>1:45.59 -15</b>
3 National Titles					
800m pb 1:45.59 NUR Sollentuna -15 400 48.33 Gävle -11 1000 2:21.23 Varberg -19 1500 3:38.99 Göteborg -19					
sf World Youth 800 2011; sf ECh 800 2014; 3 WJC 800 2014; 4 EICH 800 2015; h WCH 800 2015					
In 2019: 1 rC Stanford CA Jordan 1500; 3 Karlsruhe 1500; 7 Stockholm Diamond 800; 4 Ludvika 800; 1 Sollentuna Folksam GP 1500; 4 Karlstad 1500; 4 Varberg Folksam 1000 (2:21.23 pb); 8 Naimette-Xhovémont 800; 4 ETCh 1500 (3:49.53); 8 Göteborg Folksam 1500 (3:38.99 pb); 5 Schiffflange 1500 (3:43.81)					
<b>MARTINSSON Erik SWE</b>	<b>22y</b>	330d	1996	<b>1:47.34</b>	<b>1:47.34 -19</b>
2 National Titles					
800m pb 1:47.34 Sacramento CA -19 200 22.25 Maverick Stadium -19 400 46.73 Stockholm -17 1000 2:21.43 Varberg -19					
sf World Youth 400 2013; h EICH 400 2015; sf EJ 400 2015; h ECH 4x4 2016; h ECH 400 2018 (DQ 4x4); h EICH 800 2019					
In 2019: 1 Lubbock TX 800 ind (1:48.45 pb); 3 College Station TX 400 ind; Lubbock TX 800 ind; 1 Birmingham AL 400 ind; 1 Birmingham AL 800 ind; 7 Maverick Stadium 200 (22.25 pb); 4 Azusa CA 800; 1 Jonesboro AR Sun Belt 800 (1:47.99); 5 Varberg Folksam 1000 (2:21.43 pb); 1 Stockholm 400 (47.87)					
<b>ROHLÉN Robin SWE</b>	<b>29y</b>	108d	1990	<b>1:48.06</b>	<b>1:47.94 -10</b>
800m pb 1:47.94 Göteborg -10 200 22.20 Uddevalla -07 400 47.99 Karlstad -10 600 1:16.75 Stockholm -13 1000 2:21.75					
Varberg -19 1500 3:47.38 Lapinlahti -19					
sf World Youth 400 2007; sf WJC 800 2008; h EJ 800 2009					
In 2019: 3 indoor 800 ind; 1 Huddinge 800; 6 Ludvika 800; 5 Sollentuna Folksam GP 800; 3 Kuortane 800; 6 Karlstad 800; 7 Varberg Folksam 1000 (2:21.75 pb); 7 Lapinlahti SavoG 1500 (3:47.38 pb); 6 Göteborg Folksam 800 (1:48.06); 5 Espoo 800 (1:49.93)					
<b>TEIJULA Markus FIN</b>	<b>21y</b>	203d	1998	<b>1:48.61</b>	<b>1:48.10 -18</b>
6 National Titles					
800m pb 1:48.10 Lappeenranta -18 200 22.30 Naantali -16 300 34.50 Helsinki -18 400 47.63 Lappeenranta -16 600 1:17.74					
Paimio -17 1500 4:08.47 Lahti -16					
sf EJ 800 2017; h U23 ECh 800 2019					
From Naantali. Coached by Toni Hupponen. Club Naantalin Löyly.					
In 2019: 1 Turku 800 ind; 2 Bærum v3Nat 800 ind (1:50.27 pb); 3 Finnish indoor 400 ind; 1 Finnish indoor 800 ind; 1 Espoo 800; 1 Helsinki 800; 1 Helsinki 400; 7 Turku PNG 800; 2 Jyväskylä 800; 2 Kuortane 800; 7 rC Watford BMC 800; 1 Wormwood Scrubs BMC 800; 1 Finnish 800 (1:51.01); 3 Helsinki 400 (48.44); 4 Espoo 800 (1:49.71)					
<b>LAMPINEN Ville FIN</b>	<b>24y</b>	252d	1994	<b>1:49.45</b>	<b>1:48.44 -15</b>
10 National Titles					
800m pb 1:48.44 Cheboksary -15 300 35.10 Jyväskylä -11 400 47.24 Stockholm -17 600 1:17.89 Vantaa -14					
h World Youth 800 2011; h WJC 4x4 2012; sf EJ 800 2013; h U23 ECh 800 2015					
Studies at Villanova. Sports enthusiast. New York Rangers fan.					
In 2019: 6 Annapolis MD 1000 ind (2:29.29 pb); 5 New York NY 800 ind; 7 Geneva OH Big East 400 ind; 5 Princeton NJ 400; 8 Fairfax VA 800; 4 Princeton NJ 800; 1 Vantaa 300; 5 Jyväskylä 800; Kuortane 800; Tampere 1500; 2 Vantaa 400; 7 Joensuu 800; 2 Finnish 400; 2 Finnish 800; 11 ETCh 800 (1:49.45); Oulu 1500 (DNF); 8 Espoo 800 (1:51.49)					
<b>RINNE Joonas FIN</b>	<b>24y</b>	93d	1995	<b>1:48.59</b>	<b>1:48.59 -19</b>
4 National Titles					
800m pb 1:48.59 Kuortane -19 400 49.82 Jyväskylä -14 1500 3:41.38 Lahti -19 3000 8:47.89 Kokkola -18					
3 WSG 1500 2019					
From Saarijärvi. Coached by Minna Rinne (800m pb 2:07.93). Hobbies include music and film making.					
In 2019: 1 Jyväskylä 800 ind; 3 Bærum v3Nat 1500 ind (3:48.57 pb); 2 Finnish indoor 800 ind; 3 rB Düsseldorf PSD Bank 1500 ind; 7 Oordegem 1500; 6 Stockholm Diamond 800; 7 Lahti 1500 (3:41.38 pb); 8 Turku PNG 800; 4 Jyväskylä 800; 1 Kuortane 800 (1:48.59 pb); 3 WSG 1500; 8 Lapinlahti SavoG 1500; 8 Joensuu 800; 1 Finnish 1500; 3 Finnish 800 (1:51.34); 10 ETCh 1500 (3:52.56); 3 Espoo 800 (1:49.51)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 1500m

<b>ALMGREN Andreas</b>	<b>SWE</b>	<b>24y</b>	70d	1995	<b>3:38.99</b>	<b>3:38.99 -19</b>
3 National Titles						
1500m pb 3:38.99 Göteborg -19 400 48.33 Gävle -11 800 1:45.59 NUR Sollentuna -15 1000 2:21.23 Varberg -19						
sf World Youth 800 2011; sf ECH 800 2014; 3 WJC 800 2014; 4 EICH 800 2015; h WCH 800 2015						
In 2019: 1 rC Stanford CA Jordan 1500; 3 Karlsruhe 1500; 7 Stockholm Diamond 800; 4 Ludvika 800; 1 Sollentuna Folksam GP 1500; 4 Karlstad 1500; 4 Varberg Folksam 1000 (2:21.23 pb); 8 Naimette-Xhovémont 800; 4 ETCh 1500 (3:49.53); 8 Göteborg Folksam 1500 (3:38.99 pb); 5 Schiffflange 1500 (3:43.81)						
<b>HASSAN Suldan</b>	<b>SWE</b>	<b>21y</b>	142d	1998	<b>3:39.18</b>	<b>3:39.18 -19</b>
1500m pb 3:39.18 Göteborg -19 3000 8:01.98 Karlstad -17 5000 13:31.35 NUR Torrance CA -19 10K 30:11 Hole -18						
10 World Youth 3000 2015; 14 WJC 5000 2016; 4 EJ 5000 2017; h EICH 3000 2019; 5 U23 ECh 5000 2019						
In 2019: 5 Sätra Folksam 3000 ind (7:55.56 pb); 2 Bærum v3Nat 1500 ind (3:46.57 pb); 2 indoor 3000 ind; 1 Torrance CA MSR 5000 (13:31.35 NUR pb); 12 rB Stanford CA Jordan 5000; 9 Rehlingen 3000; 9 Oslo Diamond 1500; 6 Sollentuna Folksam GP 1500; Gävle EJ 5000; 5 Heusden 5000 (13:36.31); 5 ETCh 5000 (14:04.04); 9 Göteborg Folksam 1500 (3:39.18 pb)						
<b>RINNE Joonas</b>	<b>FIN</b>	<b>24y</b>	93d	1995	<b>3:41.38</b>	<b>3:41.38 -19</b>
4 National Titles						
1500m pb 3:41.38 Lahti -19 400 49.82 Jyväskylä -14 800 1:48.59 Kuortane -19 3000 8:47.89 Kokkola -18						
3 WSG 1500 2019						
From Saarijärvi. Coached by Minna Rinne (800m pb 2:07.93). Hobbies include music and film making.						
In 2019: 1 Jyväskylä 800 ind; 3 Bærum v3Nat 1500 ind (3:48.57 pb); 2 Finnish indoor 800 ind; 3 rB Düsseldorf PSD Bank 1500 ind; 7 Oordegem 1500; 6 Stockholm Diamond 800; 7 Lahti 1500 (3:41.38 pb); 8 Turku PNG 800; 4 Jyväskylä 800; 1 Kuortane 800 (1:48.59 pb); 3 WSG 1500; 8 Lapinlahti SavoG 1500; 8 Joensuu 800; 1 Finnish 1500; 3 Finnish 800 (1:51.34); 10 ETCh 1500 (3:52.56); 3 Espoo 800 (1:49.51)						
<b>DANIELSSON Emil</b>	<b>SWE</b>	<b>21y</b>	350d	1997	<b>3:43.19</b>	<b>3:43.19 -19</b>
1500m pb 3:43.19 Oulu -19 800 1:53.74 Huddinge -16 3000 7:58.29 Göteborg -19 5000 14:11.16 Nijmegen -19 8K 23:26 Trier -18						
h WJC 1500 2016; 22 U23 ECh 5000 2019						
In 2019: 3 Malmö 1500 ind (3:45.93 pb); 9 Sätra Folksam 3000 ind (8:13.63 pb); 7 Bærum v3Nat 1500 ind; 2 indoor 1500 ind; 15 Eagle Rock CA 5000; 2 Stockholm Diamond 1500; 3 Jessheim 1500; 4 Nijmegen Next Generation Athletics 5000 (14:11.16 pb); 11 Sollentuna Folksam GP 1500; 1 Malmö TeamCh 1500; Gävle EJ 5000; 1 Merksem 1500; 3 Stretford BMC 1500 (3:45.58); 3 Oulu 1500 (3:43.19 pb); 1 Göteborg Folksam 3000 (7:58.29 pb)						
<b>SALONEN Tuomo</b>	<b>FIN</b>	<b>30y</b>	123d	1989	<b>3:49.71</b>	<b>3:46.38 -16</b>
2 National Titles						
1500m pb 3:46.38 Oulu -16 400 49.80 Turku -10 600 1:19.11A Pretoria -15 800 1:49.39 Lapinlahti -14 1000 2:29.06 Raisio -09 Mile 4:12.99 Tartu -13 3000 8:37.36 Quarteira -11 10K 32:16 Valencia -18 HM 71:10 Valencia -18						
Lawyer. Works also as an athletes' liaison for multiple athletes.						
In 2019: 11 Naimette-Xhovémont 1500; 7 Heusden 800; 4 Finnish 1500; 3 rC Stretford BMC 1500 (3:52.28); 6 Oulu 1500 (3:49.71); 10 Espoo 800 (1:52.75)						
<b>SIIKALUOMA Martti</b>	<b>FIN</b>	<b>27y</b>	113d	1992	<b>3:48.87</b>	<b>3:47.96 -14</b>
1 National Title						
1500m pb 3:47.96 Jämsä -14 800 1:54.57 Jämsä -19 3000 8:11.73 Kuortane -17 5000 14:19.96 Oordegem -16 10000 32:36.23 Lahti -12 5K 14:53 Helsinki -19 10K 32:33 Crevillente -16						
In 2019: 3 Helsinki 5K (14:53 pb); 12 Lahti 1500; 3 Tampere 800; 2 Kuortane 3000; 5 Jämsä 800 (1:54.57 pb); 1 Jämsä 1500; 5 Tampere 1500; 10 Lapinlahti SavoG 1500; 11 Joensuu 3000; 3 Finnish 1500 (3:59.17); 1 Finnish 5000 (14:35.19); 5 Oulu 1500 (3:48.87)						

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 5000m

<b>NILSSON David SWE</b>	<b>32y</b>	127d	1987	<b>13:49.47</b>	<b>13:49.47 -19</b>
5000m pb 13:49.47 Oordegem -19 1500 3:53.52 Stockholm -16 3000 8:04.92 Aarhus -17 10000 29:06.79 London -15 10M 47:10 Kosa -18 8K 22:40 Apeldoorn -19 5K 14:19 Armagh -18 10K 29:01 Manchester -16 15K 45:58 's-Heerenberg -15 20K 62:06 Alphen aan den Rijn -18 HM 62:09 NR Ageo -18 Mar 2:13:29 Hamburg -19 3000S 9:22.72 Sävedalen -07 9.9K 29:49 Malmö -14					
12 WSG 10000 2013 (25 HM); DNF ECH Mar 2014; 36 WCH Mar 2015; 23 ECH HM 2016 (5 ExHMC); 52 WCH Mar 2017					
In 2019: 4 Oeiras NC 10K; 3 Kerkrade CC10.5; 1 Göteborg 3000 ind; 1 Apeldoorn 8K (22:40 pb); 3 Bærum v3Nat 3000 ind (8:08.33 pb); 7 indoor 1500 ind; 10 Napoli HM; 14 New York NY NYC Half HM; 17 Hamburg HASPA Mar (2:13:29 pb); 8 Oordegem 5000 (13:49.47 pb); 2 Stockholm NC 10K; 2 Sollentuna Folksam GP 5000; Sollentuna 3000; 26 rB ECP 10000; 5 Heusden 5000 (13:56.16); 6 Joensuu 3000 (8:09.90); 10 Leuven 3000 (8:23.46)					
<b>SUNDSTRÖM Simon SWE</b>	<b>21y</b>	198d	1998	<b>13:52.80</b>	<b>13:52.80 -19</b>
5000m pb 13:52.80 Heusden -19 800 1:53.33 Göteborg -18 1000 2:30.22 Göteborg -15 1500 3:44.06 Sollentuna -19 3000 8:09.61 Göteborg -18 2000S 5:40.87 Huddinge -18 3000S 8:41.39 Göteborg -19					
h World Youth 2000S 2015; 6 EJ 3000S 2017; 3 U23 ECh 3000S 2019					
In 2019: 8 Sätra Folksam 3000 ind; 5 Bærum v3Nat 3000 ind (8:11.16 pb); 1 rB Torrance CA MSR 5000; 3 rB Stanford CA Jordan 3000S; Oordegem 3000S; 10 Sollentuna Folksam GP 1500 (3:44.06 pb); 7 Watford BMC 3000S; Gävle EJ 3000S; Gävle EJ 3000S; 5 Heusden 5000 (13:52.80 pb); 1 -22 Göteborg NC-j 2000S (5:41.93); 1 Göteborg Folksam 3000S (8:41.39 pb)					
<b>GRANBERG Hannu FIN</b>	<b>29y</b>	200d	1990	<b>14:13.11</b>	<b>14:13.11 -19</b>
2 National Titles					
5000m pb 14:13.11 Oordegem -19 1500 3:49.71 Lahti -18 3000 8:15.66 Joensuu -19 10000 30:27.44 London -19 5K 14:53 Helsinki -19 10K 31:24 Helsinki -19 HM 67:12 Vantaa -19 3000S 8:47.62 Joensuu -18					
In 2019: 2 Helsinki 3000 ind; 4 Bærum v3Nat 3000 ind; 7 Istanbul 3000 ind (8:07.18 pb); 1 Finnish HM (67:12 pb); 1 Helsinki 10K (31:24 pb); 2 Helsinki 5K (14:53 pb); 22 Oordegem 5000 (14:13.11 pb); 14 Lahti 1500; 3 Kuortane 3000; 25 rB ECP 10000 (30:27.44 pb); 11 Lapinlahti SavoG 3000S; 8 Joensuu 3000 (8:15.66 pb); 4 Finnish 3000S (9:03.29); 4 Finnish 5000 (14:45.98); 12 ETCh 3000 (8:33.76)					
<b>SIIKALUOMA Martti FIN</b>	<b>27y</b>	113d	1992	<b>14:35.19</b>	<b>14:19.96 -16</b>
1 National Title					
5000m pb 14:19.96 Oordegem -16 800 1:54.57 Jämsä -19 1500 3:47.96 Jämsä -14 3000 8:11.73 Kuortane -17 10000 32:36.23 Lahti -12 5K 14:53 Helsinki -19 10K 32:33 Crevillente -16					
In 2019: 3 Helsinki 5K (14:53 pb); 12 Lahti 1500; 3 Tampere 800; 2 Kuortane 3000; 5 Jämsä 800 (1:54.57 pb); 1 Jämsä 1500; 5 Tampere 1500; 10 Lapinlahti SavoG 1500; 11 Joensuu 3000; 3 Finnish 1500 (3:59.17); 1 Finnish 5000 (14:35.19); 5 Oulu 1500 (3:48.87)					
<b>BERGLUND Kalle SWE</b>	<b>23y</b>	163d	1996	<b>14:46.03</b>	<b>-18</b>
5 National Titles					
5000m pb 14:46.03 Eskilstuna -18 400 48.20 Espoo -15 800 1:46.63 Karlstad -18 1000 2:19.21 Stockholm -18 1500 3:34.89 NR Göteborg -19 Mile 3:53.83 NR Oslo -19 3000 8:02.79 Bydgoszcz -19 5K 14:15 Carlsbad CA -18 10K 29:47 Stockholm -18					
7 WJC 800 2014; 4 EJ 800 2015; h ECH 800 2016; 2 EICH 1500 2017; h U23 ECh 1500 2017; sf WCH 1500 2017; h ECH 1500 2018; h WICH 1500 2018					
Born in Jämshög. Club Spårvägens FK. Coached by Jan Bengtson. National record holder in indoor 1500m.					
In 2019: 3 Toruń 1500 ind (3:36.63 NR pb); 1 Eagle Rock CA 1500; 8 Oslo Diamond Mile (3:53.83 NR pb); 7 Sollentuna Folksam GP 800; 5 Ostrava GSpike Mile; 1 Malmö TeamCh 800; 2 Heusden 1500; 1 Bern 1500 (3:36.07 NR); 2 ETCh 3000 (8:02.79 pb); 1 Göteborg Folksam 1500 (3:34.89 NR pb); 14 Birmingham Müller 1500 (3:45.35)					
<b>TENHUNEN Miika FIN</b>	<b>22y</b>	314d	1996	<b>15:03.17</b>	<b>-18</b>
5000m pb 15:03.17 Laitila -18 1500 3:51.64 Oulu -19 3000 8:16.60 Joensuu -19 5K 15:13 Helsinki -19 3000S 8:54.96 Lapinlahti -19 6.5K 20:15 Faro -18					
In 2019: Finnish indoor 3000 ind; 6 Helsinki 5K (15:13 pb); 1 Lahti 1500; 10 Turku PNG 3000S; 6 Kuortane 3000; 9 Lapinlahti SavoG 3000S (8:54.96 pb); 10 Joensuu 3000 (8:16.60 pb); 2 Finnish 3000S (9:01.28); 8 Oulu 1500 (3:51.64 pb)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 10,000m

<b>MOHAMED Mustafa SWE</b>	<b>40y</b>	173d	1979	<b>28:40.71 -12</b>
16 National Titles				
10,000m pb 28:40.71 Bilbao -12 1500 3:44.01 Nijmegen -09 Mile 4:00.02 Malmö -05 3000 7:59.40 Kungälv -06 5000 13:32.08 Kassel -07 10K 28:12 Manchester -08 HM 62:40 Venlo -12 Mar 2:12:28 Hamburg -12 2000S 5:37.00 Karlskrona -98 3000S 8:05.75 NR Heusden -07 9.9K 29:18 Malmö -14				
2 EJ 10000 1997; 9 U23 Ech 3000S 1997; 8 WJC 3000S 1998; 5 U23 Ech 10000 1999; 8 U23 Ech 10000 2001; 30 WCH HM 2003 (h 3000S); 13 OLY 3000S 2004; 10 WCH 3000S 2005; 4 ECH 3000S 2006; 4 WCH 3000S 2007; 10 OLY 3000S 2008; 14 WCH 3000S 2009; h ECH 3000S 2010; DNF ECH 10000 2012; 22 WCH Mar 2013; 25 ECH Mar 2014; 21 ECH HM 2016 (5 ExHMC)				
In 2019: 11 Barcelona HM; 8 London Big Half HM (64:42); 3 Oderzo 10K (29:55); 11 Stockholm Mar (2:21:01)				
<b>FSIHA Robel SWE</b>	<b>23y</b>	167d	1996	<b>28:59.62 28:59.62 -19</b>
2 National Titles				
10,000m pb 28:59.62 London -19 3000 8:21.7h Stockholm -19 5000 13:49.97 Heusden -19 10K 28:43 Stockholm -18 HM 61:18 Zallaq -19				
In 2019: 3 Albufeira ECCC CC9.7; 6 Barcelona HM; 3 indoor 3000 ind; 13 Zallaq HM (61:18 pb); 17 Aarhus WC CC10.24; 11 Göteborg HM; 21 Stockholm Diamond 10000; Stockholm 3000 (8:21.7h pb); Stockholm 5000; 1 Stockholm NC 10K (29:23); 7 rB ECP 10000 (28:59.62 pb); 3 Heusden 5000 (13:49.97 pb)				
<b>ABRAHA Adhanom SWE</b>	<b>41y</b>	362d	1977	<b>29:00.88 -07</b>
11 National Titles				
10,000m pb 29:00.88A Kampala -07 5000 14:01.48 Bilbao -09 10K 29:02 Arezzo -11 15K 43:38 Porto -09 HM 62:13 Nanning -10 Mar 2:14:44 Hamburg -19 9K 26:23 Borgholm -16 9.7K 28:27 Jaén -10				
19 WCH HM 2009; 14 WCH HM 2010				
In 2019: 22 Hamburg HASPA Mar (2:14:44 pb); Hamburg HM (63:30); 6 Stockholm Mar (2:16:48)				
<b>SALEVA Eero FIN</b>	<b>23y</b>	318d	1995	<b>29:51.52 29:51.52 -19</b>
1 National Title				
10,000m pb 29:51.52 Walthamstow -19 800 1:56.8h Keuruu -18 1500 3:49.66 Lapinlahti -19 3000 8:11.65 Göteborg -18 5000 14:02.30 Oordegem -19 5K 15:08 Helsinki -19 10K 30:48 Turku -17 HM 67:37 Vantaa -19 8.4K 26:29 Faro -19				
DNF WSG 10000 2019				
In 2019: 2 Faro 8.4K (26:29 pb); 2 Finnish indoor 3000 ind; 4 Finnish HM (67:37 pb); 5 Helsinki 5K (15:08 pb); 12 Oordegem 5000 (14:02.30 pb); 5 Walthamstow 10000 (29:51.52 pb); 3 Jyväskylä 5000; 2 Keuruu 800; WSG 10000; 9 Lapinlahti SavoG 1500 (3:49.66 pb); 1 Finnish 10000 (30:21.21); 3 Finnish 5000 (14:41.15); 11 ETCh 5000 (14:51.76)				
<b>NUMMELA Aki FIN</b>	<b>34y</b>	83d	1985	<b>30:23.34 30:23.34 -19</b>
1 National Title				
10,000m pb 30:23.34 Lappeenranta -19 400 50.99 Helsinki -09 800 1:51.39 Lappeenranta -07 1500 3:46.49 Kajaani -10 Mile 4:11.38 Joensuu -10 2000 5:41.00 Tuusula -06 3000 8:20.12 Keuruu -12 5000 14:28.06 Oulu -16 5K 14:42 Armagh -12 10K 30:57 Oslo -17 15K 49:19 Durbanville -14 HM 66:59 Valencia -18 Mar 2:17:57 Valencia -18 3000S 8:58.68 Helsinki -14 JT 34.28 Tampere -19				
12 EJ 5000 2003				
In 2019: 3 Helsinki 3000 ind; 25 London Big Half HM; 3 Finnish HM; 5 Helsinki Mar; 7 Tampere ECCC-B 5000; 10 Tampere ECCC-B JT (34.28 pb); 6 Helsinki HHM HM; 9 Jyväskylä 5000; 29 rB ECP 10000; 2 Finnish 10000 (30:23.34 pb); 7 Finnish 5000 (14:54.79); 6 Helsinki 1500 (3:59.67)				
<b>IHAMÄKI Antti FIN</b>	<b>22y</b>	200d	1997	<b>30:27.74 30:27.74 -19</b>
1 National Title				
10,000m pb 30:27.74 Lappeenranta -19 3000 8:27.50 Joensuu -19 5000 14:42.79 Saarijärvi -15				
13 EJ 10000 2015				
In 2019: 3 -22 Joensuu NC-j 3000 ind; 7 Jyväskylä 5000; 1 Jämsä 10000; 1 Turku Tilastopaja 5000; 15 Joensuu 3000 (8:27.50 pb); 3 Finnish 10000 (30:27.74 pb); 13 Finnish 5000 (15:19.41)				

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 3000m Steeplechase

<b>RAITANEN Topi FIN</b>	<b>23y</b>	195d	1996	<b>8:21.47</b>	<b>8:21.47 -19</b>
4 National Titles					
3000m Steeplechase pb 8:21.47 Turku -19 800 1:48.92 Lappeenranta -18 1500 3:40.71 Lahti -19 3000 7:52.82 Joensuu -19					
5000 15:04.47 Kristiansand -14 5K 13:43 Armagh -19					
4 U23 ECh 3000S 2017; 3 WSG 3000S 2017; 8 ECH 3000S 2018; h EICH 3000 2019					
Orienteer/runner. Coached by Janne Ukonmaanaho (3000m st pb 8:27:08).					
In 2019: 1 Armagh 5K (13:43 pb); 1 Helsinki 3000 ind; 4 Bergen 3000; 1 Oordegem 3000S; 5 Lahti 1500 (3:40.71 pb); 3 Turku PNG 3000S (8:21.47 pb); 2 Lapinlahti SavoG 3000S; 1 Joensuu 3000 (7:52.82 pb); 1 Finnish 3000S (8:45.92); 2 ETCh 3000S (8:27.68); 1 Oulu 1500 (3:41.01)					
<b>BLOMBERG Emil SWE</b>	<b>27y</b>	134d	1992	<b>8:35.20</b>	<b>8:32.27 -17</b>
3000m Steeplechase pb 8:32.27 Eagle Rock CA -17 800 1:53.66 Sollentuna -16 1500 3:47.64 Kristiansand -16 3000 8:09.60					
Göteborg -19 5000 14:02.78 Karlsruhe -18 2000S 5:51.35 Sollentuna -12					
DNF EJ 3000S 2011; h U23 ECh 3000S 2013; 11 ECH 3000S 2016; DNF WCH 3000S 2017; DNF ECH 3000S 2018					
In 2019: rB Sollentuna Folksam GP 1500; 10 Karlstad 1500 (3:50.20); 7 Lapinlahti SavoG 3000S (8:35.20); 4 Göteborg Folksam 3000 (8:09.60 pb)					
<b>SUNDSTRÖM Simon SWE</b>	<b>21y</b>	198d	1998	<b>8:41.39</b>	<b>8:41.39 -19</b>
3000m Steeplechase pb 8:41.39 Göteborg -19 800 1:53.33 Göteborg -18 1000 2:30.22 Göteborg -15 1500 3:44.06 Sollentuna -19					
3000 8:09.61 Göteborg -18 5000 13:52.80 Heusden -19 2000S 5:40.87 Huddinge -18					
h World Youth 2000S 2015; 6 EJ 3000S 2017; 3 U23 ECh 3000S 2019					
In 2019: 8 Sätra Folksam 3000 ind; 5 Bærum v3Nat 3000 ind (8:11.16 pb); 1 rB Torrance CA MSR 5000; 3 rB Stanford CA Jordan 3000S; Oordegem 3000S; 10 Sollentuna Folksam GP 1500 (3:44.06 pb); 7 Watford BMC 3000S; Gävle EJ 3000S; Gävle EJ 3000S; 5 Heusden 5000 (13:52.80 pb); 1 -22 Göteborg NC-j 2000S (5:41.93); 1 Göteborg Folksam 3000S (8:41.39 pb)					
<b>JOHANSSON Vidar SWE</b>	<b>22y</b>	317d	1996	<b>8:48.81</b>	<b>8:43.59 -18</b>
1 National Title					
3000m Steeplechase pb 8:43.59 Oordegem -18 800 1:52.86 Varberg -19 1500 3:49.89 Karlstad -19 3000 8:31.52 Karlstad -16					
5000 14:30.78 Sollentuna -16 10K 30:27 Hole -18 2000S 5:49.37 Gävle -14					
DQ EJ 3000S 2015; 10 U23 ECh 3000S 2017					
In 2019: Sätra Folksam 3000 ind; 8 indoor 3000 ind; 6 indoor 1500 ind; 9 Stockholm Diamond 1500; 9 Sollentuna Folksam GP 3000S; Göteborg VUS 3000S; 3 Karlstad 1500 (3:49.89 pb); 7 Varberg Folksam 800 (1:52.86 pb); 1 Göteborg 3000S (8:59.93); 2 Göteborg Folksam 3000S (8:48.81)					
<b>TENHUNEN Miika FIN</b>	<b>22y</b>	314d	1996	<b>8:54.96</b>	<b>8:54.96 -19</b>
3000m Steeplechase pb 8:54.96 Lapinlahti -19 1500 3:51.64 Oulu -19 3000 8:16.60 Joensuu -19 5000 15:03.17 Laitila -18 5K					
15:13 Helsinki -19 6.5K 20:15 Faro -18					
In 2019: Finnish indoor 3000 ind; 6 Helsinki 5K (15:13 pb); 1 Lahti 1500; 10 Turku PNG 3000S; 6 Kuortane 3000; 9 Lapinlahti SavoG 3000S (8:54.96 pb); 10 Joensuu 3000 (8:16.60 pb); 2 Finnish 3000S (9:01.28); 8 Oulu 1500 (3:51.64 pb)					
<b>HELANDER Eemil FIN</b>	<b>18y</b>	85d	2001	<b>9:01.44</b>	<b>9:01.44 -19</b>
3000m Steeplechase pb 9:01.44 Lappeenranta -19 800 1:54.98 Jämsä -19 1500 3:52.85 Tampere -19 3000 8:26.87 Kuortane -19					
5000 14:20.69 Kristiansand -19 2000S 5:46.41 Buenos Aires -18					
5 EJ 3000S 2019					
In 2019: 1 Helsinki 3000S; 7 Tampere 800; 5 Jyväskylä 5000; 4 Kuortane 3000 (8:26.87 pb); 7 Jämsä 800 (1:54.98 pb); 1 Jämsä 3000S; 9 Tampere 1500 (3:52.85 pb); Borås EJ 3000S; 3 Finnish 3000S (9:01.44 pb); 2 Finnish 5000 (14:38.00); 3 -19 Kristiansand V3Nat 1500 (4:02.86); 2 -19 Kristiansand V3Nat 5000 (14:20.69 pb)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 110m Hurdles

<b>LAKKA Elmo FIN</b>	<b>26y</b>	133d	1993	<b>13.49</b>	<b>13.49 -19</b>
10 National Titles					
110m Hurdles pb 13.49 La Chaux-de-Fonds -19 100 10.57 Espoo -14 200 21.58 Orimattila -16 400 50.22 Pietarsaari -14 110H91.4 14.08 Tampere -10 110H100 13.69 Jämsä -12					
sf EJ 110H100 2011; sf WJC 110H100 2012; 6 U23 ECh 110H 2015 (DNF 4x1); sf ECH 110H 2016; h EICH 60H 2017; sf ECH 110H 2018; 8 EICH 60H 2019					
Studies physical education at University of Jyväskylä. Coached by Antti Haapakoski (110m h pb 13.42).					
In 2019: 1 Jyväskylä 60H ind; 1 Bærum v3Nat 60H ind; 2 Athlone 60H ind; 1 Finnish indoor 60H ind; 8 Glasgow EC 60H ind; 1 Oordegem 110H; 3 Lahti 100; 5 Turku PNG 110H; 1 Jyväskylä 110H; 1 Jyväskylä 110H; 2 Kuortane 110H; 1 Kuortane 110H; 3 La Chaux-de-Fonds Résisprint 110H (13.49 pb); 5 rB Luzern Spitzen 110H; 1 Weinheim 110H; 1 Finnish 110H (13.70); 8 ETCh 110H (13.89); 1 Leuven 110H (13.80)					
<b>HOLM Jonatan SWE</b>	<b>25y</b>	225d	1994	<b>13.75</b>	<b>13.75 -19</b>
1 National Title					
110m Hurdles pb 13.75 Sundsvall -19 100 10.94 Skara -19					
In 2019: 3 Skara 100 (10.89w pb); 2 rC Sollentuna Folksam GP 100; 2 Varberg Folksam 110H (14.24); 2 Sundsvall 110H (13.90); 1 Sundsvall 110H (13.75 pb)					
<b>HRELJA Max SWE</b>	<b>21y</b>	203d	1998	<b>13.81</b>	<b>13.81 -19</b>
110m Hurdles pb 13.81 Oordegem -19 100 10.70 Norrköping -15 200 21.93 Norrköping -15 110H91.4 13.50 Cali -15 110H100 13.46 Skara -17					
5 World Youth 110H91.4 2015; sf WJC 110H100 2016; 4 EJ 110H100 2017; h EICH 60H 2019; 8 U23 ECh 110H 2019 (h 4x1)					
In 2019: 2 Växjö 60H ind; 1 Malmö 60H ind; 3 Bærum v3Nat 60H ind (7.82 pb); 4 indoor 60H ind; 1 -22 Växjö NC-j 60H ind; 2 Oordegem Buyle 110H (13.81 pb); 2 Göteborg VUS 110H; 1 Karlstad 110H (14.09); Gävle EJ 110H (13.98); 1 -22 Göteborg NC-j 110H (14.09)					
<b>WIDLUND Hampus SWE</b>	<b>26y</b>	190d	1993	<b>13.81</b>	<b>13.81 -19</b>
110m Hurdles pb 13.81 Sundsvall -19 200 21.90 Växjö -18 400 48.75 Malmö -19 110H100 14.37 Växjö -12 400H 50.44 Sollentuna -19					
In 2019: 1 Skruv 110H; 1 Stockholm Diamond 400H; 1 Norrköping 110H; 2 Halmstad 200; 2 Sollentuna Folksam GP 400H (50.44 pb); 2 Malmö TeamCh 400 (48.75 pb); 1 Malmö TeamCh 110H; 1 Göteborg VUS 400H; 1 Göteborg VUS 110H; 2 Karlstad 110H; 1 Sundsvall 110H (13.85); 2 Sundsvall 110H (13.81 pb); 1 Stockholm 400H (50.80)					
<b>MANNINEN Ilari FIN</b>	<b>21y</b>	314d	1997	<b>14.07</b>	<b>14.07 -19</b>
110m Hurdles pb 14.07 Kuortane -19 100 10.79 Jämsä -19 150 16.87 Jyväskylä -14 200 21.81 Jyväskylä -19 300 35.47 Jämsä -14 400 50.78 Riihimäki -17 110H91.4 14.08 Jämsä -14 110H100 13.77 Mannheim -16 300H 38.56 Stockholm -13 400H84 54.99 Jämsä -14 400H 55.33 Jämsä -15 LJ 7.16 Lappeenranta -16					
sf EJ 110H100 2015; h WJC 110H100 2016; sf U23 ECh 110H 2019 (h 4x1)					
Club Jyväskylän Kenttärheilijät. Coached by Antti Mero jr.					
In 2019: 1 Jyväskylä 150 ind (16.65 pb); 1 Turku 60H ind; 1 Jyväskylä 200 ind (22.30 pb); 2 Jyväskylä 60H ind; 6 Bærum v3Nat 60H ind; 2 Finnish indoor 60H ind (7.88 pb); 1 Jyväskylä 110H; 1 Espoo 110H; 1 Espoo 110H; 1 Jyväskylä 200 (21.81 pb); 8 Turku PNG 110H; 2 Jyväskylä 110H (14.02w pb); 4 Kuortane 110H; 3 Kuortane 110H (14.07 pb); 2 Jämsä 110H; 5 Jämsä 100 (10.79 pb); 4 Jämsä 200 (22.01); 3 Finnish 110H (14.31)					
<b>KALLIOKULJU Valtteri FIN</b>	<b>22y</b>	219d	1997	<b>14.16</b>	<b>14.16 -19</b>
110m Hurdles pb 14.16 Gävle -19 100 10.89 Turku -15 150 16.35 Turku -16 200 22.14 Turku -15 110H91.4 14.15 Turku -13 110H100 13.72 Mannheim -16					
6 EJ 4x1 2015 (sf 110H100); sf WJC 110H100 2016; sf U23 ECh 110H 2019					
Coached by Mika Vakkuri. Club Liedon Parma.					
In 2019: 2 Tampere 60H ind; 4 Finnish indoor 60H ind; 2 -22 Joensuu NC-j 60H ind; 2 Espoo 110H; 2 Espoo 110H; 2 Turku 100; 1 Sipoo 110H; 3 Jyväskylä 110H; 4 Jyväskylä 110H; 5 Kuortane 110H; 5 Kuortane 110H; 1 Jämsä 110H (13.97w pb); 1 Turku Tilastopaja 110H (13.8hw); 2 Helsinki 110H (14.46)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## 400m Hurdles

<b>MÖRÖ Oskari FIN</b>	<b>26y</b>	202d	1993	<b>49.74</b>	<b>49.04 -16</b>
7 National Titles					
400m Hurdles pb 49.04 NR Rio de Janeiro -16 100 10.86 Sipoo -14 200 21.72 Sipoo -15 300 33.63A NR Potchefstroom -15 400 47.40 Helsinki -14 600 1:18.32 Espoo -15 110H91.4 14.56 Jämsä -09 400H84 51.90 NYR Moskva -10					
7 EJ 400H 2011; h ECH 400H 2012 (h 4x4); 6 WJC 400H 2012; 8 ECH 400H 2014; 6 U23 Ech 400H 2015; 4 ECH 400H 2016; sf OLY 400H 2016; 7 WSG 4x1 2017 (sf 400H)					
Coached by Atte Pettinen. From Lohja.					
In 2019: 4 Tampere 200 ind; 1 Turku PNG 400H; 6 København 400H; 3 rB La Chaux-de-Fonds Résisprint 400H; 6 Luzern Spitzen 400H; 5 Naimette-Xhovémont 400H; 1 Finnish 400H (51.21); 7 ETCh 400H (50.22); 1 Espoo 400H (49.74)					
<b>ANDERSSON Isak SWE</b>	<b>23y</b>	204d	1996	<b>50.45</b>	<b>50.05 -17</b>
3 National Titles					
400m Hurdles pb 50.05 Bydgoszcz -17 200 21.31 Sollentuna -19 400 49.40 Uppsala -18 110H100 14.17 Kalmar -15 300H 37.10 Stockholm -13					
sf EJ 400H 2015; 6 U23 Ech 400H 2017; h ECH 400H 2018					
In 2019: 3 Stockholm Diamond 400H; 3 Huddinge 200; 4 Sollentuna 200 (21.31 pb); 3 Sollentuna Folksam GP 400H; 4 Nivelles 400H; 2 Göteborg VUS 400H; 1 Karlstad 400H; 3 Celle Ligure 400H (53.15); 2 Stockholm 400H (51.30); 7 Göteborg Folksam 400H (53.15)					
<b>WIDLUND Hampus SWE</b>	<b>26y</b>	190d	1993	<b>50.44</b>	<b>50.44 -19</b>
400m Hurdles pb 50.44 Sollentuna -19 200 21.90 Växjö -18 400 48.75 Malmö -19 110H100 14.37 Växjö -12 110H 13.81 Sundsvall -19					
In 2019: 1 Skruv 110H; 1 Stockholm Diamond 400H; 1 Norrköping 110H; 2 Halmstad 200; 2 Sollentuna Folksam GP 400H (50.44 pb); 2 Malmö TeamCh 400 (48.75 pb); 1 Malmö TeamCh 110H; 1 Göteborg VUS 400H; 1 Göteborg VUS 110H; 2 Karlstad 110H; 1 Sundsvall 110H (13.85); 2 Sundsvall 110H (13.81 pb); 1 Stockholm 400H (50.80)					
<b>VAINIO-KAILA Joni FIN</b>	<b>25y</b>	220d	1994	<b>51.69</b>	<b>51.09 -15</b>
3 National Titles					
400m Hurdles pb 51.09 Tampere -15 100 10.98 Turku -19 200 21.89 Turku -16 400 47.72 Lahti -15					
h WJC 400H 2012 (h 4x4)					
From Laitila. Lives in Turku. Studies mathematics at University of Turku.					
In 2019: 1 Turku 100 (10.98 pb); 2 Turku 400; 5 Lahti 400H; 2 Turku PNG 400H; 1 Somero 200; 1 Jämsä 400H; 3 Tampere 400H; 1 Laitila 100 (10.85w pb); 1 Turku Tilastopaja 400; 2 Finnish 400H (51.69); 3 Lahti 400 (48.39); 6 Espoo 400H (52.03)					
<b>LEHTONEN Tuomas FIN</b>	<b>21y</b>	17d	1998	<b>52.17</b>	<b>51.81 -17</b>
400m Hurdles pb 51.81 Grosseto -17 100 10.99 Turku -19 150 16.53 Turku -17 200 21.75 Somero -19 400 48.35 Kauhava -17 600 1:22.21 Jyväskylä -19 400H84 54.10 Kalajoki -15					
sf EJ 400H 2017					
Coached by Mikko Mattila. Club Liedon Parma.					
In 2019: 2 Pori 200 ind; 1 Tampere 300H ind (37.65 pb); 2 Finnish indoor 300H ind; 3 -22 Joensuu NC-j 400 ind; 1 -22 Joensuu NC-j 300H ind; 1 Jyväskylä 600 (1:22.21 pb); 6 Espoo 400; 1 Lieto 200; 6 Lahti 400H; 6 Turku PNG 400H; 4 Somero 200 (21.75 pb); 4 Saarijärvi 400H; 2 Jämsä 400H; 4 Tampere 400H; 2 Turku Tilastopaja 100 (10.99 pb); 3 Turku Tilastopaja 200; 1 Vantaa 400; 2 Turku Tilastopaja 400; 3 Finnish 400H (52.28); 2 Helsinki 400 (48.43); 7 Espoo 400H (52.20)					
<b>CLAESON Johan SWE</b>	<b>18y</b>	228d	2001	<b>51.89</b>	<b>51.89 -19</b>
400m Hurdles pb 51.89 Göteborg -19 200 22.42 Halmstad -19 400 49.00 Göteborg -18 800 2:01.56 Lerum -18 110H91.4 14.40 Halmstad -18 110H100 14.60 Skruv -19 110H 15.73 Kristianstad -19 300H 37.19 Huddinge -18 300H84 37.19 Huddinge -18 400H84 52.25 Győr -18					
sf EJ 400H 2019					
In 2019: 2 Göteborg 60H100 ind; 2 Göteborg 60H100 ind; 4 indoor 400 ind; 3 -19 Växjö NC-j 60H100 ind (8.19 pb); 1 -19 Växjö NC-j 400 ind (48.77 pb); Skruv 110H100 (14.60 pb); Kristianstad 110H (15.73 pb); 1 Jönköping 400H; Halmstad 200 (22.42 pb); 6 Sollentuna Folksam GP 400H; 5 Göteborg VUS 400H; 1 -19 Göteborg VUS 400; 7 U20 rB Göteborg VUS 200; 4 Stockholm 400H; 1 -19 Göteborg NC-j 400 (49.53); 1 -19 Göteborg NC-j 400H (51.89 pb); 3 -19 Kristiansand V3Nat 400H (52.80)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## High Jump

<b>DELRYD Fabian SWE</b>	<b>22y</b>	310d	1996	<b>2.16</b>	<b>2.33 -18</b>
High Jump pb 2.33 Täby -18 qual WJC HJ 2014; qual ECh HJ 2017; 4 U23 ECh HJ 2017 In 2019: 2 Sätra HJ ind; 13 Hustopeče HJ ind; 12 Třinec HJ ind (2.15); Sätra Folksam HJ ind (NH); 1 Uppsala HJ (2.16)					
<b>ERIKSSON Samuli FIN</b>	<b>23y</b>	285d	1995	<b>2.12</b>	<b>2.18 -17</b>
1 National Title High Jump pb 2.18 Eberstadt -17 JT700 65.01 Jyväskylä -11 5 EJ HJ 2013; qual U23 ECh HJ 2015; qual U23 ECh HJ 2017 In 2019: 8 Finnish indoor HJ ind; 1 Raasepori HJ; 1 Jyväskylä HJ; 5= Tampere HJ; 1 Turku Tilastopaja HJ; 2 Riihimäki HJ; 3 Turku Tilastopaja HJ (1.98); 2 Finnish HJ (2.12); 2 Helsinki HJ (2.07)					
<b>WIKLUND Simon SWE</b>	<b>19y</b>	336d	1999	<b>2.16</b>	<b>2.16 -19</b>
High Jump pb 2.16 Jönköping -19 qual U23 ECh HJ 2019 In 2019: 1 Örebro HJ ind; 1 Växjö HJ ind; 2 Göteborg HJ ind (2.12 pb); 4 Bærum v3Nat HJ ind; 2 indoor HJ ind; 1 Lübeck HJ; 1 Schmölln HJ; 2 Hannover HJ; 1 Stockholm Diamond HJ; 1 Jönköping HJ; Jönköping HJ (2.16 pb); 3 Göteborg VUS HJ (2.08); 1 Mölndal HJ (2.06); 9 ETCh HJ (2.07)					
<b>MATTILA Arttu FIN</b>	<b>18y</b>	171d	2001	<b>2.13</b>	<b>2.14 -18</b>
2 National Titles High Jump pb 2.14 Espoo -18 3 EJ HJ 2019 In 2019: 1 Virrat HJ; 1 Tampere HJ; 4 Tampere HJ; 4 Jyväskylä HJ; 3 Keuruu HJ; 3= Tampere HJ; 1 Sastamala HJ; Borås EJ HJ; 1 Finnish HJ (2.12); 12 ETCh HJ (2.02); 2 -19 Kristiansand V3Nat HJ (2.13)					
<b>LUNDQVIST Oskar SWE</b>	<b>22y</b>	190d	1997	<b>2.12</b>	<b>2.14 -18</b>
High Jump pb 2.14 Huddinge -18 110H 17.04 Karlstad -18 8 World Youth HJ 2013 In 2019: 2 Stockholm Diamond HJ; 1 Huddinge HJ; 2 Sollentuna HJ; 2 Huddinge HJ; 3 Sollentuna Folksam GP HJ; 1 Uppsala HJ; 5 Göteborg VUS HJ (2.04); 2 -22 Göteborg NC-j HJ (1.99); 1 Göteborg Folksam HJ (2.12)					
<b>HIETANIEMI Mika FIN</b>	<b>25y</b>	358d	1993	<b>2.07</b>	<b>2.11 -16</b>
High Jump pb 2.11 Saarijärvi -16 In 2019: 1 Tampere HJ ind; 6 Finnish indoor HJ ind (2.02); 5 Finnish HJ (2.06); 1 Helsinki HJ (2.07)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Pole Vault

<b>DUPLANTIS Armand SWE</b>	<b>19y</b>	284d	1999	<b>6.00</b>	<b>6.05 -18</b>
Pole Vault pb 6.05 WJR NR Berlin -18 100 10.69 Lafayette LA -18 LJ 7.12 Baton Rouge LA -17 1 World Youth PV 2015; 3 WJC PV 2016; 1 EJ PV 2017; 9 WCH PV 2017; 1 ECH PV 2018; 7 WICH PV 2018; 1 WJC PV 2018 Nickname Mondo. Coached by his father Greg Duplantis who also was a pole vaulter back in the 1980s and 1990s (pb 5.80 -93). In 2019: 4 Reno NV PV ind; 1 Fayetteville AR PV ind; 1 Baton Rouge LA PV ind; 1 Baton Rouge LA PV ind; 1 Fayetteville AR SEC PV ind (5.92 NR pb); 1 Birmingham AL NCAA PV ind; 1 Baton Rouge LA PV; 1 Baton Rouge LA PV; 1 Fayetteville AR SEC PV; 2 Austin TX NCAA PV; 4 Oslo Diamond PV; 1 Zurich Diamond PV; 3 Lausanne Diamond PV (5.81); 2 Monaco Diamond PV (5.92); 1 Göteborg Folksam PV (5.90)					
<b>SVÄRD JACOBSSON Melker SWE</b>	<b>25y</b>	225d	1994	<b>5.71</b>	<b>5.71 -19</b>
3 National Titles Pole Vault pb 5.71 Bydgoszcz -19 2 World Youth PV 2011; 6 WJC PV 2012; qual EICH PV 2013; qual ECH PV 2014; DNS ECH PV 2016; DNS OLY PV 2016; NH ECH PV 2018; 9 WICH PV 2018; 3 EICH PV 2019 In 2019: 3 Orléans PV ind; 2 Cottbus PV ind; 1 Bærum v3Nat PV ind (5.82 pb); 1 indoor PV ind; 7 Clermont-Ferrand PV ind; 3 Glasgow EC PV ind; 5 Athína PV; 1 Malmö TeamCh PV; 1 Karlstad PV; 7 Leverkusen PV (5.50); 2 ETCh PV (5.71 pb); 3 Göteborg Folksam PV (5.50)					
<b>WECKSTEN Tomas FIN</b>	<b>22y</b>	292d	1996	<b>5.46</b>	<b>5.51 -17</b>
3 National Titles Pole Vault pb 5.51 Leverkusen -17 11 World Youth PV 2013; qual WJC PV 2014; 4 EJ PV 2015; 8 U23 ECh PV 2017; qual ECH PV 2018 In 2019: 3 Perth PV; 2 Perth PV; 1 Hastings PV; 1 Hastings PV; 4 Lempäälä PV ind; 5 Praha PV ind; 10= Szczecin PV ind; 3 Finnish indoor PV ind; 1 Helsinki PV ind; 6 Nantou PV ind; 2 Helsinki PV ind; 6 Osaka Seiko PV; 8 Recklinghausen PV; 3 Lahti PV; 1 Lappeenranta PV; 3 Turku PNG PV; Jyväskylä PV; 1 Somero PV; 1 Somero PV; 2 Tampere PV; 4 Rottach-Egern PV; 3 Lapinlahti SavoG PV; 8 Wittenberg PV; 1 Finnish PV; 8 ETCh PV (5.46); 5 Göteborg Folksam PV (5.35); 3 Espoo PV (5.32)					
<b>HOLTTINEN Tommi FIN</b>	<b>22y</b>	110d	1997	<b>5.36</b>	<b>5.51 -18</b>
Pole Vault pb 5.51 Berlin -18 10 EJ PV 2015; 11 WJC PV 2016; 7 U23 ECh PV 2017; qual ECH PV 2018 Coached by his father Jari Holttinen (pb 5.55). In 2019: 2 Nastola PV ind; 3 Sätra PV ind; 1 Lempäälä PV ind; 5 Bærum v3Nat PV ind; 1 Athlone PV ind; 2 Finnish indoor PV ind; 1 - 22 Joensuu NC-j PV ind; 2 Lahti PV; 1 Turku PNG PV; 9 Zweibrücken PV (5.36); 1 Tampere PV (5.35); 4 Espoo PV (5.32)					
<b>PAAVOLA Mikko FIN</b>	<b>21y</b>	217d	1998	<b>5.36</b>	<b>5.36 -19</b>
Pole Vault pb 5.36 Vaasa -19 qual EJ PV 2017; qual U23 ECh PV 2019 In 2019: 1 Kuortane PV ind; 7= Finnish indoor PV ind; 5 Jyväskylä PV; 5 Somero PV; 3 Tampere PV; 1 Ilmajoki PV; 5 Finnish PV; 1 Ähtäri PV (5.01); 1 Vaasa PV (5.36 pb); 6 Espoo PV (5.22)					
<b>STÉNSON Carl SWE</b>	<b>26y</b>	157d	1993	<b>5.26</b>	<b>5.30 -17</b>
3 National Titles Pole Vault pb 5.30 Gräfelfing -17 qual EJ PV 2011; qual U23 ECh PV 2015 In 2019: 1 Uppsala PV ind; 6 Sätra PV ind; 6 Bærum v3Nat PV ind; 2 indoor PV ind; 2 Gräfelfing PV; 2 Jyväskylä PV; 2 Somero PV; 6 Somero PV; 1 Huddinge PV (5.10); 1 Stockholm PV (4.90); 9 Espoo PV (5.12)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Long Jump

<b>TORNÉUS Michel SWE</b>	<b>33y</b>	87d	1986	<b>7.64</b>	<b>8.44 -16</b>
22 National Titles					
Long Jump pb 8.44A NR Monachil -16 100 10.71 Göteborg -11 TJ 16.10 Sollentuna -16					
4 EJ LJ 2005; 10 U23 ECh LJ 2007; qual EICH LJ 2009; qual WCH LJ 2009; 9 ECH LJ 2010; qual WICH LJ 2010; 7 EICH LJ 2011; qual WCH LJ 2011; 3 ECH LJ 2012; 4 OLY LJ 2012; qual WICH LJ 2012; 2 EICH LJ 2013; qual WCH LJ 2013; 5 ECH LJ 2014; 3 WICH LJ 2014; 1 EICH LJ 2015; NM WCH LJ 2015; 2 ECH LJ 2016; qual OLY LJ 2016; 2 EICH LJ 2017; 8 WCH LJ 2017; 7 ECH LJ 2018					
Full name Michel Trésor Komesha Tornéus. From Botkyrka, a suburb of Stockholm. Started his athletics career being six years old. Club Hammarby IF. Coached by Oscar Gidewall. Mother is Swedish and father from Kongo. Used to work at a youth center in Botkyrka. Has a yellow belt in taekwondo. Danced hiphop when he was younger.					
In 2019: 3 Karlsruhe LJ ind; 4 Sätra Folksam LJ ind; 3 indoor LJ ind; 2 Beograd LJ ind (7.67); 1 Malmö TeamCh LJ (7.71w); 2 Göteborg Folksam LJ (7.64)					
<b>MONTLER Thobias SWE</b>	<b>23y</b>	187d	1996	<b>8.22</b>	<b>8.22 -19</b>
2 National Titles					
Long Jump pb 8.22 Stockholm -19 100 10.49 Skara -19					
8 World Youth LJ 2013; 8 WJC LJ 2014; qual EICH LJ 2015; 4 EJ LJ 2015 (1 4x1); 3 U23 ECh LJ 2017; 4 ECH LJ 2018; 2 EICH LJ 2019					
In 2019: 1 Malmö LJ ind; 1 Karlsruhe LJ ind; 2 Toruń LJ ind; 1 Bærum v3Nat LJ ind; 4 Birmingham LJ ind; 1 indoor LJ ind; 2 Glasgow EC LJ ind (8.17 pb); 1 Torremolinos LJ (8.43w pb); 1 Stockholm Diamond LJ (8.22 pb); 1 Skara 100 (10.49 pb); Hengelo FBKG LJ (NM); 1 Göteborg Folksam LJ (8.17w); - Göteborg Folksam LJ (7.97)					
<b>PULLI Kristian FIN</b>	<b>24y</b>	353d	1994	<b>8.05</b>	<b>8.07 -17</b>
4 National Titles					
Long Jump pb 8.07A Monachil -17 100 10.63 Jämsä -19 TJ 16.07 Kuortane -14					
2 EJ TJ 2013; 9 U23 ECh TJ 2015 (qual LJ); qual WSG LJ 2017; qual ECH LJ 2018					
Coached by his father Seppo Pulli. European junior silver medalist in triple jump in 2013. Studies at Tampere University of Technology.					
In 2019: 1 Potchefstroom LJ; 1 Potchefstroom LJ; 8 Finnish indoor LJ ind; 1 Jämsä LJ; - Jämsä LJ; 2 Jämsä 100 (10.63 pb); 3 Weinheim LJ; 2 Lapinlahti SavoG LJ; 1 Jämsä LJ; 1 Finnish LJ; 5 Finnish 100; 6 ETCh LJ (7.91); 3 Monachil LJ (8.06Aw); - Monachil LJ (8.05A)					
<b>OLLIKAINEN Roni FIN</b>	<b>28y</b>	359d	1990	<b>8.04</b>	<b>8.05 -12</b>
3 National Titles					
Long Jump pb 8.05 =NUR Jämsä -12 100 10.96 Helsinki -12 200 22.39 Uusikaupunki -11 110H100 14.31 Jämsänkoshi -08 110H 14.93 Tornio -10 TJ 14.58 Kuopio -07					
5 WJC LJ 2008 (h 110H100); 6 U23 ECh LJ 2011; 6 ECH LJ 2012					
Has won national title twice. Coached by Harri Laiho. Earlier former hurde star Arto Bryggare was also part of his coaching team together with Laiho. Arsenal fan. His longest jump is wind aided 8.32 (+2.2) from 2012.					
In 2019: 2 Jyväskylä LJ ind; 7 Bærum v3Nat LJ ind; 1 Finnish indoor LJ ind (7.86 pb); 2 Tampere ECCC-B LJ; 1 Tuusula LJ; 2 Turku PNG LJ; - Turku PNG LJ; 1 Jyväskylä LJ; 3 Jämsä LJ; - Jämsä LJ; 4 Weinheim LJ; 1 Joensuu LJ; 2 Finnish LJ (7.83); 1 Helsinki LJ (7.67); 1 Espoo LJ (8.04)					
<b>CARLSSON Andreas SWE</b>	<b>24y</b>	138d	1995	<b>7.91</b>	<b>7.91 -19</b>
3 National Titles					
Long Jump pb 7.91 Karlstad -19 1500 4:22.41 Göteborg -19 HJ 2.20 Halmstad -15 PV 4.85 Gävle -17 TJ 14.54 Lerum -18 qual EJ HJ 2013; 12 U23 ECh HJ 2015; h U23 ECh 4x4 2017 (qual LJ)					
In 2019: 1 Norrköping LJ ind; 1 Växjö LJ ind; 3 Malmö LJ ind; 3 Sätra Folksam LJ ind (7.65 pb); 1 indoor HJ ind; 4 indoor LJ ind; 2 Karlstad LJ ind; 3 Oslo LJ; 3 Sollentuna Folksam GP LJ; 1 Kungälv LJ; 6 U18 rC Göteborg VUS 1500; 3 Göteborg VUS LJ; 1 Karlstad LJ (7.99w pb); Karlstad LJ (7.91 pb); 1 Helsingborg ÖSP LJ; 1 Varberg Folksam LJ; 11 ETCh LJ; - ETCh LJ (7.52); 8 -17 Göteborg NC-j 1500 (4:22.41 pb); 5 Göteborg Folksam LJ (7.43)					
<b>SALMINEN Kalle FIN</b>	<b>23y</b>	204d	1996	<b>7.78</b>	<b>7.78 -19</b>
Long Jump pb 7.78 Espoo -19					
In 2019: 1 Joensuu 60 ind (7.00 pb); 2 Kuopio LJ ind; 1 Jyväskylä LJ ind; 8 Bærum v3Nat LJ ind; 2 Finnish indoor LJ ind (7.67 pb); 3 Jyväskylä LJ; 2 Jämsä LJ; 1 Janakkala LJ; 4 Lapinlahti SavoG LJ; 2 Joensuu LJ; 5 Finnish LJ (7.48); 2 Helsinki LJ (7.53); 2 Espoo LJ (7.78 pb)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Triple Jump

<b>LIPSANEN Simo FIN</b>	<b>23y</b>	342d	1995	<b>16.76</b>	<b>17.14 -17</b>
8 National Titles					
Triple Jump pb 17.14 NR NUR Bydgoszcz -17 LJ 7.65 Jyväskylä -19					
7 U23 ECh TJ 2015; 7 EICH TJ 2017; 2 U23 ECh TJ 2017; qual WCH TJ 2017; 9 ECH TJ 2018; qual EICH TJ 2019					
Born in Lappeenranta. Club Lappeenrannan Urheilu-Miehet. Twin sister Saara Lipsanen (javelin throw PB 56.66 in 2018). Coached by Petri Ruotsalainen.					
In 2019: 1 Joensuu LJ ind; 1 Val-de-Reuil TJ ind; 2 Liévin Calais TJ ind (16.98 NR pb); 1 Finnish indoor TJ ind; 3 Finnish indoor LJ ind; 3 Lahti TJ; 3 Turku PNG TJ; 2 Jyväskylä LJ (7.65 pb); 2 Kuortane TJ; - Kuortane TJ; 3 Joensuu TJ (16.15); 1 Finnish TJ (16.44); 2 ETCh TJ (16.76)					
<b>HELLSTRÖM Jesper SWE</b>	<b>24y</b>	25d	1995	<b>16.53</b>	<b>16.53 -19</b>
2 National Titles					
Triple Jump pb 16.53 Bydgoszcz -19 100 10.98 Huddinge -19 LJ 7.51 Sollentuna -17					
9 U23 ECh LJ 2017 (DNS TJ)					
In 2019: 1 Växjö TJ ind; 1 Bærum v3Nat TJ ind (16.20 pb); 1 indoor TJ ind; 5 indoor LJ ind; 1 Malmö TeamCh TJ; 1 Göteborg VUS TJ (16.54w pb); - Göteborg VUS TJ (16.30); 4 ETCh TJ (16.53 pb)					
<b>KOUKKULA Topias FIN</b>	<b>23y</b>	126d	1996	<b>16.12</b>	<b>16.14 -18</b>
Triple Jump pb 16.14 Jämsä -18 110H100 15.31 Leiria -15 LJ 7.61 Kauhava -17					
8 EJ TJ 2015					
In 2019: 1 Mustasaari TJ ind; 1 Jyväskylä TJ ind; 3 Bærum v3Nat TJ ind; 4 Finnish indoor TJ ind; 1 Espoo LJ; 5 Lahti TJ; 9 Turku PNG TJ; 5 Kuortane TJ; - Kuortane TJ; 6 Jämsä LJ; 1 Jämsä TJ; 5 Joensuu TJ (15.92); 3 Finnish TJ (16.12); 1 Helsinki TJ (15.85)					
<b>TYYSTJÄRVI Arttu FIN</b>	<b>22y</b>	71d	1997	<b>15.89</b>	<b>15.90 -18</b>
Triple Jump pb 15.90 Laitila -18 LJ 7.06 Imatra -19					
In 2019: 2 Joensuu LJ ind (7.09 pb); 2 Jyväskylä TJ ind; 4 Bærum v3Nat TJ ind; 2 Finnish indoor TJ ind (15.56 pb); 13 Finnish indoor LJ ind; 2 -22 Joensuu NC-j LJ ind; 1 -22 Joensuu NC-j TJ ind; 9 Lahti TJ; 8 Turku PNG TJ; - Turku PNG TJ; 7 Kuortane TJ; 2 Jämsä TJ; 1 Imatra LJ (7.06 pb); 6 Joensuu TJ; 4 Finnish TJ (15.89); 7 Espoo LJ (7.20w pb); - Espoo LJ (6.95)					
<b>BÅLSTRÖM Gustaf SWE</b>	<b>21y</b>	145d	1998	<b>15.80</b>	<b>15.80 -19</b>
Triple Jump pb 15.80 Gävle -19 100 11.77 Göteborg -18 200 23.65 Skara -18 LJ 6.93 Eskilstuna -18					
qual U23 ECh TJ 2019					
In 2019: 5 indoor TJ ind; 1 -22 Växjö NC-j TJ ind (15.05 pb); 1 Göteborg TJ; 2 Malmö TeamCh TJ; - Malmö TeamCh TJ; 2 Göteborg VUS TJ (15.57); 1 -22 Göteborg NC-j TJ (15.29); 1 Göteborg Folksam TJ (15.36)					
<b>ENGSTRÖM Artur SWE</b>	<b>22y</b>	299d	1996	<b>15.28</b>	<b>15.28 -19</b>
Triple Jump pb 15.28 Lerum -19 100 10.97 Skara -17 200 23.17 Halmstad -18 LJ 7.45 Carmona -17					
qual WSG TJ 2019					
In 2019: 1 Malmö TJ ind; 2 Göteborg TJ ind (15.49 pb); 3 Sätra Folksam LJ ind (7.22 pb); 2 indoor TJ ind; 12 indoor LJ ind; 4 Torremolinos LJ; Lerum TJ (15.28 pb); 4 Malmö TeamCh TJ (14.45w); 3 Varberg Folksam LJ (6.61); 2 Göteborg Folksam TJ (15.25)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Shot Put

<b>PETERSSON Victor SWE</b>	<b>21y</b>	112d	1998	<b>20.70</b>	<b>20.70 -19</b>
1 National Title					
Shot Put pb 20.70 Azusa CA -19 SP4 21.07 Eskilstuna -13 SP5 21.57 Stockholm -15 SP6 20.65 Bydgoszcz -16 DT1 69.26 Eskilstuna -13 DT1.5 66.44 Hässleholm -15 DT1.75 61.72 Malmö -16 DT 48.30 Huddinge -18					
3 World Youth SP5 2015 (11 DT1.5); 2 WJC SP6 2016 (4 DT1.75); 6 EJ SP6 2017 (8 DT1.75); 3 U23 ECh SP 2019					
In 2019: 3 Sätra Folksam SP ind; 2 Bærum v3Nat SP ind; 1 indoor SP ind; 1 Malmö SP ind; 1 -22 Växjö NC-j SP ind (20.65 pb); 7 Los Angeles CA SP; 1 Azusa CA SP (20.70 pb); 1 Växjö SP; 1 Bergen SP; 1 Stockholm Diamond SP; 7 Halle Werfertage SP; 2 Malmö SP; 7 Ostrava GSpoke SP; 2 Sopot Sidlo SP; Gävle EJ SP; 1 Varberg Folksam SP (20.56); 8 ETCh SP (19.45); 2 Göteborg Folksam SP (20.43)					
<b>KANGAS Arttu FIN</b>	<b>26y</b>	39d	1993	<b>19.50</b>	<b>20.30 -16</b>
12 National Titles					
Shot Put pb 20.30 Raasepori -16 SP5 20.71 NYR Kankaanpää -10 SP6 20.31 Hämeenkyrö -12 DT1.5 53.89 Uusikaupunki -10 DT1.75 51.37 Kauhajoki -12					
qual EJ SP6 2011; 4 WJC SP6 2012; 7 U23 ECh SP 2013; qual ECh SP 2014; NM ECh SP 2015; 9 U23 ECh SP 2015; qual ECh SP 2016; qual ECh SP 2017; qual ECh SP 2018					
In 2019: 1 Finnish indoor SP ind; 1 Randvere SP; 5 Stockholm Diamond SP; 1 Hämeenkyrö SP; 1 Keuruu SP; 2 Lohja SP; Raasepori SFI SP; 1 Seinäjoki SP; 1 Riihimäki SP; 1 Finnish SP (18.33); 11 ETCh SP (17.47); 1 Espoo SP (18.24)					
<b>ARRHENIUS Niklas SWE</b>	<b>36y</b>	345d	1982	<b>18.50</b>	<b>19.79 -11</b>
15 National Titles					
Shot Put pb 19.79 Göteborg -11 DT 66.22 Helsingborg -11 HT 50.92A Provo UT -18					
2 WJC DT 2000; 4 EJ DT 2001; qual ECh DT 2006; qual WCH DT 2007; qual OLY DT 2008; qual ECh SP 2010 (qual DT); qual ECh SP 2011; qual WCH DT 2011; qual ECh DT 2012; 8 ECh SP 2013; qual WCH DT 2013; NM ECh DT 2014; qual ECh DT 2016; qual WCH DT 2017					
His father Anders was an international shot putter ... his younger brother Leif is also an international discus thrower, another brother Daniel has thrown 56.32.					
In 2019: 2 indoor SP ind; 1 Draper UT DT; 1 Nephi UT DT; 1 Provo UT DT; 1 Provo UT DT (62.02A); 4 Göteborg Folksam SP (18.50); 1 Göteborg Folksam DT (60.64)					
<b>SÖDERLUND Tomas FIN</b>	<b>30y</b>	99d	1989	<b>18.51</b>	<b>19.05 -15</b>
5 National Titles					
Shot Put pb 19.05 Raasepori -15 SP5 18.19 Kirkkonummi -07 SP6 18.32 Inkoo -08					
11 U23 ECh SP 2011; 8 WSG SP 2013					
In 2019: 1 Helsinki SP ind; 2 Turku SP ind; 4 Bærum v3Nat SP ind; 3 Finnish indoor SP ind; 2 Raasepori SP; 3 Lohja SP; 1 Raasepori SFI SP (18.16); 2 Riihimäki SP (17.65); 3 Finnish SP (17.54)					
<b>ARBINGE Jesper SWE</b>	<b>22y</b>	147d	1997	<b>18.40</b>	<b>18.40 -19</b>
Shot Put pb 18.40 Göteborg -19 SP5 17.64 Sollentuna -14 SP6 18.46 Bålsta -16 DT 52.36 Göteborg -19 HT 54.23 Göteborg -19 qual U23 ECh SP 2019					
In 2019: 1 Stockholm SP ind; 5 Sätra Folksam SP ind; 4 indoor SP ind; 2 -22 Växjö NC-j SP ind (17.21 pb); Bålsta DT; 5 -22 Halle Werfertage SP; Huddinge SP; 1 Malmö TeamCh SP; 6 Varberg Folksam SP; 1 -22 Göteborg NC-j SP; 3 -22 Göteborg NC-j HT (54.23 pb); 2 -22 Göteborg NC-j DT (52.36 pb); 5 Göteborg Folksam SP (18.40 pb)					
<b>OKSANEN Nico FIN</b>	<b>25y</b>	25d	1994	<b>17.88</b>	<b>17.88 -19</b>
Shot Put pb 17.88 Lappeenranta -19 SP5 17.59 Espoo -11 SP6 17.14 Pori -13					
In 2019: 6 Finnish indoor SP ind (17.24 pb); 3 Ikaalinen SP; 4 Raasepori SP; 1 Ikaalinen SP; 1 Turku Tilastopaja SP; 4 Lohja SP; 1 Laitila SP; 2 Seinäjoki SP; 1 Turku Tilastopaja SP; 3 Riihimäki SP; 1 Turku Tilastopaja SP; 2 Finnish SP (17.88 pb); 1 Humppila SP (17.40); 2 Espoo SP (17.45)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Discus Throw

<b>STÅHL Daniel SWE</b>	<b>26y</b>	359d	1992	<b>71.86</b>	<b>71.86 -19</b>
8 National Titles					
Discus Throw pb 71.86 NR Bottnaryd -19 SP5 18.75 Huddinge -09 SP6 18.40 Mannheim -11 SP 19.38 Sollentuna -16 DT1.5 58.16 Göteborg -09 DT1.75 60.85 Bålsta -11 HT 48.91 Sätra -16 JT 50.43 Sätra -16					
qual World Youth SP5 2009 (qual DT1.5); qual WJC SP6 2010; qual EJ SP6 2011 (NM DT1.75); 4 U23 ECh DT 2013; qual ECH DT 2014; 5 WCH DT 2015; 5 ECH DT 2016; qual OLY DT 2016; 2 WCH DT 2017; 2 ECH DT 2018					
Finnish born mother Taina was also a thrower, shot pb 14.11 -82, discus 51.90 -88.					
In 2019: 1 Doha Diamond DT; 1 Stockholm Diamond DT; Turku PNG DT; 2 Zurich Diamond DT; 1 Sollentuna Folksam GP DT; 1 Malmö TeamCh DT; 1 Bottnaryd DT (71.86 NR pb); 1 Karlstad DT; 1 Székesfehérvár Gyulai DT; 1 Varberg Folksam DT (70.89); 1 London Müller DT (68.56); 3 ETCh DT (61.38)					
<b>ARRHENIUS Niklas SWE</b>	<b>36y</b>	345d	1982	<b>62.02</b>	<b>66.22 -11</b>
15 National Titles					
Discus Throw pb 66.22 Helsingborg -11 SP 19.79 Göteborg -11 HT 50.92A Provo UT -18					
2 WJC DT 2000; 4 EJ DT 2001; qual ECH DT 2006; qual WCH DT 2007; qual OLY DT 2008; qual ECH SP 2010 (qual DT); qual EICH SP 2011; qual WCH DT 2011; qual ECH DT 2012; 8 EICH SP 2013; qual WCH DT 2013; NM ECH DT 2014; qual ECH DT 2016; qual WCH DT 2017					
His father Anders was an international shot putter ... his younger brother Leif is also an international discus thrower, another brother Daniel has thrown 56.32.					
In 2019: 2 indoor SP ind; 1 Draper UT DT; 1 Nephi UT DT; 1 Provo UT DT; 1 Provo UT DT (62.02A); 4 Göteborg Folksam SP (18.50); 1 Göteborg Folksam DT (60.64)					
<b>PETTERSSON Simon SWE</b>	<b>25y</b>	230d	1994	<b>65.03</b>	<b>65.84 -18</b>
Discus Throw pb 65.84 Malmö -18 SP5 17.71 Växjö -11 SP 17.83 Espoo -16 DT1.5 53.35 Huddinge -11 DT1.75 54.58 Göteborg -13 HT 54.04 Uppsala -18 JT 57.37 Uppsala -18					
qual EJ DT1.75 2013; 5 U23 ECh DT 2015; 11 WCH DT 2017; 4 ECH DT 2018					
From a small village of Sixarby between Uppsala and Gävle. Lives in Växjö. Club Hässelby SK.					
In 2019: 8 Stockholm Diamond DT; 9 Turku PNG DT; 7 Sollentuna Folksam GP DT; 2 Växjö DT; 2 Malmö TeamCh DT; 4 Bottnaryd DT; 8 Karlstad DT; 1 Helsingborg ÖSP DT; 3 Varberg Folksam DT; 1 Malmö DT; 1 Leiria DT; 1 Leiria DT (64.00); 1 Växjö DT (61.51); 6 Göteborg Folksam DT (62.09)					
<b>LAHDENRANTA Juha FIN</b>	<b>43y</b>	70d	1976	<b>53.82</b>	<b>60.90 -09</b>
Discus Throw pb 60.90 Pori -09					
In 2019: 1 Pori DT ind; 2 Pori NC-w DT ind; 2 Vaasa DT; 1 Keuruu DT; 4 Lohja DT; 1 Laitila DT (52.70); 2 Finnish DT (53.02); 7 Espoo DT (52.59)					
<b>KIVIOJA Ville FIN</b>	<b>29y</b>	43d	1990	<b>55.31</b>	<b>58.43 -12</b>
Discus Throw pb 58.43 Nokia -12 DT1.5 54.75 Turku -07 DT1.75 57.07 Kokemäki -09					
qual EJ DT1.75 2009					
In 2019: 4 Pori NC-w DT ind; 1 Tampere DT; 2 Ikaalinen DT; 2 Keuruu DT; 2 Lohja DT; 1 Janakkala DT; 1 Tampere DT; 2 Nokia DT (50.92); 3 Finnish DT (52.20); 6 Espoo DT (52.84)					
<b>PERÄLAMPI Oskari FIN</b>	<b>23y</b>	28d	1996	<b>58.02</b>	<b>58.02 -19</b>
1 National Title					
Discus Throw pb 58.02 Espoo -19 DT1.5 63.23 Espoo -13 DT1.75 60.73 Eskilstuna -15					
DNS World Youth DT1.5 2013; 7 EJ DT1.75 2015; qual U23 ECh DT 2017					
In 2019: 1 Pori NC-w DT ind (54.97 pb); 1 Espoo DT; 1 Ikaalinen DT; 1 Kirkkonummi DT; 1 Espoo DT; 1 Espoo DT; 1 Lohja DT; 1 Nokia DT; 1 Espoo DT; 1 Finnish DT (54.81); 11 ETCh DT (53.10); 4 Espoo DT (58.02 pb)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Hammer Throw

<b>LIIPOLA Henri FIN</b>	<b>25y</b>	119d	1994	<b>73.88</b>	<b>75.47 -18</b>
3 National Titles					
Hammer Throw pb 75.47 Kaustinen -18 HT5 64.26 Forssa -11 HT6 69.89 Tammela -12 JT 61.02 Lieto -15 qual ECH HT 2018; 7 WSG HT 2019					
In 2019: 10 Šamorín ECp-w HT; 3 Kaustinen NC-w HT; 6 Halle Werfertage HT; 4 Lahti HT; Jyväskylä HT; 1 Somero HT; 3 Kaustinen HT; 7 WSG HT; 4 Alavus HT; 1 Helsinki HT (71.40); 1 Finnish HT (73.29); 2 Helsinki HT (72.19)					
<b>JAAKKOLA Aleksii FIN</b>	<b>21y</b>	277d	1997	<b>74.00</b>	<b>74.00 -19</b>
Hammer Throw pb 74.00 Helsinki -19 SP5 19.82 Hämeenkyrö -14 SP6 17.36 Kangasala -15 DT1.75 50.48 Lappeenranta -16 HT5 78.40 Nokia -14 HT6 80.54 NJR Nokia -16					
8 EJ HT6 2015; 3 WJC HT6 2016; 9 U23 ECh HT 2017; 7 U23 ECh HT 2019					
In 2019: 5 Lahti HT; Jyväskylä HT; 7 Kaustinen HT; Gävle EJ HT; 1 Alavus HT; 1 Kauhajoki HT (72.87); 4 Finnish HT (71.84); 1 Helsinki HT (74.00 pb)					
<b>KANGAS Aaron FIN</b>	<b>22y</b>	49d	1997	<b>73.94</b>	<b>73.94 -19</b>
Hammer Throw pb 73.94 Kaustinen -19 HT5 71.55 Nurmijärvi -14 HT6 78.10 Nokia -16					
12 EJ HT6 2015; 9 WJC HT6 2016; 11 U23 ECh HT 2017; 5 U23 ECh HT 2019					
In 2019: 2 Kaustinen NC-w HT; 1 Somero HT; 1 -22 Halle Werfertage HT; 2 Lahti HT; 5 Jyväskylä HT; 4 Kuortane HT; 1 Kaustinen HT (73.94 pb); Gävle EJ HT; 2 Alavus HT; 2 Kauhajoki HT (72.78); 2 Finnish HT (73.17); 5 ETCh HT (73.62)					
<b>VESTLUND Oscar SWE</b>	<b>26y</b>	116d	1993	<b>69.79</b>	<b>73.34 -17</b>
5 National Titles					
Hammer Throw pb 73.34 Karlstad -17 SP5 18.93 Singapore -10 SP 15.04 Karlstad -18 DT1.5 50.06 Västerås -10 DT 49.68 Arvika -15 HT5 66.47 Västerås -10 HT6 73.08 Trosa -12 JT 48.85 Växjö -18					
NM EJ HT6 2011; qual WJC HT6 2012; qual U23 ECh HT 2015					
In 2019: 1 Huddinge HT; Huddinge SP (14.14); 4 Bottnaryd HT (65.69); 2 Uppsala HT (63.41)					
<b>LINDBERG Mattias SWE</b>	<b>29y</b>	231d	1990	<b>70.50</b>	<b>70.50 -19</b>
1 National Title					
Hammer Throw pb 70.50 Kladno -19 SP 11.84 Skellefteå -18 DT 46.37 Skellefteå -18					
11 WSG HT 2015					
In 2019: Skellefteå DT; 3 Bottnaryd HT; 3 Karlstad HT; 3 Oslo HT (68.36); 4 Kladno HT (70.50 pb); 9 ETCh HT (69.30)					
<b>CARLSSON Ragnar SWE</b>	<b>18y</b>	278d	2000	<b>67.98</b>	<b>68.81 -18</b>
1 National Title					
Hammer Throw pb 68.81 NJR Tampere -18 SP5 17.33 Gävle -17 SP6 16.57 Huddinge -18 SP 12.78 Kvarnsveden -18 DT1.5 55.05 Albufeira -17 DT 38.30 Kvarnsveden -18 HT4 73.87 Falun -15 HT5 83.17 Göteborg -17 HT6 77.62 NJR Tampere -18 JT 41.65 Kvarnsveden -18					
4 EJ HT6 2017; 4 WJC HT6 2018					
In 2019: 1 Falun WT11.34 ind (20.82 pb); 1 Växjö HT; 1 Växjö WT ind; 1 indoor WT ind (21.00 pb); 1 -19 Växjö NC-j WT ind; 8 -22 Šamorín ECp-w HT; 1 Västerås HT6; 1 -19 Göteborg NC-j HT6 (72.15); 1 Uppsala HT (65.49); 1 -19 Kristiansand V3Nat HT6 (73.89)					

# Ruotsiottelu - Finnkampen • Biographical Entry List, Men

## Javelin Throw

<b>HELANDER Oliver FIN</b>	<b>22y</b>	232d	1997	<b>86.93</b>	<b>88.02 -18</b>
<p>1 National Title                      Javelin Throw pb 88.02 Pietarsaari -18 JT700 79.34 Helsinki -14                      4 World Youth JT700 2013; 7 EJ JT 2015; 7 U23 ECh JT 2017; qual ECH JT 2018                      Club IF Raseborg. Coached by Glenn Lignell. Played handball in the Finnish League.                      In 2019: 2 Vantaa JT; 4 Turku PNG JT (84.84); 2 Kuortane JT (86.93); 3 Espoo JT (78.43)</p>					
<b>ETELÄTALO Lassi FIN</b>	<b>31y</b>	113d	1988	<b>84.11</b>	<b>84.98 -14</b>
<p>1 National Title                      Javelin Throw pb 84.98 Joensuu -14                      qual EJ JT 2007; 9 U23 ECh JT 2009; 4 ECH JT 2014                      Coached by Leo Pusa. Etelätalo studies pharmacy at the University of Helsinki. He was fourth in European Championships in 2014.                      In 2019: 6 Vantaa JT; 2 Virrat JT; 10 Turku PNG JT; 2 Saarijärvi JT; 9 Pihtipudas JT; 4 Tampere JT; 3 Joensuu JT (80.72); 1 Finnish JT (84.11); 2 Espoo JT (78.66)</p>					
<b>AMB Kim SWE</b>	<b>29y</b>	21d	1990	<b>82.16</b>	<b>84.61 -13</b>
<p>Javelin Throw World Championships finalist 2015 / Javelin Throw World Championships finalist 2013 / 8 National Titles                      Javelin Throw pb 84.61 Zagreb -13                      qual WJC JT 2008; 4 U23 ECh JT 2011; 7 ECH JT 2012; qual OLY JT 2012; 10 WCH JT 2013; NM ECH JT 2014; 11 WCH JT 2015; 7 ECH JT 2016; qual OLY JT 2016                      Lives in Bålsta, club Bålsta IK. Coached by his father Björn Amb, who he also says is the biggest reason he has gotten this far in javelin throw. Co-coached by Peter                      In 2019: 1 Bålsta JT; 2 Halle Werfertage JT; 3 Jena JT; 4 Dessau JT; 5 Kuortane JT; 2 Karlstad JT (81.61); 4 Luzern Spitzen JT (80.86); 8 ETCh JT (73.23)</p>					
<b>KUUSELA Toni FIN</b>	<b>25y</b>	212d	1994	<b>83.40</b>	<b>83.40 -19</b>
<p>Javelin Throw pb 83.40 Turku -19 JT700 68.39 Pori -10                      5 EJ JT 2013                      Born in Vimpeli.                      In 2019: 2 Potchefstroom JT; 5 Vantaa JT; 2 Kuortane JT; 3 Virrat JT; 6 Turku PNG JT (83.40 pb); 8 Kuortane JT; 3 Pihtipudas JT; 3 Tampere JT; 7 Luzern Spitzen JT; 7 Monaco Diamond JT; 3 Finnish JT; 5 ETCh JT (75.35); 1 Oulu JT (79.41); 5 Espoo JT (77.37)</p>					
<b>SAMUELSSON Jakob SWE</b>	<b>21y</b>	183d	1998	<b>74.03</b>	<b>74.03 -19</b>
<p>Javelin Throw pb 74.03 Köping -19 100 11.42 Pärnu -18 200 22.81 Sollentuna -18 400 50.36 Pärnu -18 1500 4:39.29 Pärnu -18 110H91.4 15.64 Tårnby -15 110H100 15.52 Landquart -17 110H 16.46 Pärnu -18 HJ 1.95 Pärnu -18 PV 4.70 Hässleholm -16 LJ 6.70 Landquart -17 SP5 16.67 Tårnby -15 SP6 16.32 Grosseto -17 SP 15.37 Täby -18 DT1.5 45.35 Tårnby -15 DT1.75 48.52 Landquart -17 DT 44.67 Sollentuna -18 JT700 63.87 Enskede -15 Dec 7436 Pärnu -18 Decj 7620 Landquart -17 Decy 7030 Tårnby -15                      13 World Youth Decy 2015; 11 EJ Decj 2017; qual U23 ECh JT 2019                      In 2019: 9 indoor SP ind; 3 -22 Växjö NC-j SP ind; 2 Bålsta JT; 1 Köping JT (74.03 pb); 1 Malmö TeamCh JT; 1 -22 Göteborg NC-j JT (71.83); 3 -22 Göteborg NC-j SP (14.48); 2 Uppsala JT (73.27)</p>					
<b>THÖRNGREN Sebastian SWE</b>	<b>26y</b>	39d	1993	<b>73.47</b>	<b>73.47 -19</b>
<p>Javelin Throw pb 73.47 Uppsala -19 SP 12.78 Växjö -18 DT 38.22 Växjö -18 HT5 64.95 Västerås -10 HT 52.94 Norrköping -19 JT700 73.55 Karlstad -10                      qual WJC JT 2012; qual U23 ECh JT 2013                      In 2019: 1 Göteborg NC-w JT; 1 Ballerup JT; Norrköping HT (52.94 pb); 4 Malmö TeamCh HT; 3 Malmö TeamCh JT (64.14); 3 Bottnaryd JT (68.58); 1 Uppsala JT (73.47 pb)</p>					